

Nordic Swimming Championships 2023
Tartu, 1. - 3.12.2023

Schedule Session No. 1 - Friday, 1. December 2023

01.12.2023 - 9:30

Warmup: from 8:00

9:30	2.	400m Freestyle	Women	Prelim	13 +	0:27	5 Heats	35
9:57	4.	400m Freestyle	Men	Prelim	13 +	0:28	6 Heats	41
10:25	5.	50m Backstroke	Women	Prelim	Open	0:08	3 Heats	22
10:33	6.	50m Backstroke	Women	Prelim	Open	0:05	4 Heats	26
10:38	7.	200m Backstroke	Men	Prelim	13 +	0:09	3 Heats	22
10:47	8.	200m Butterfly	Women	Prelim	13 +	0:07	2 Heats	12
10:54	10.	100m Butterfly	Men	Prelim	13 +	0:05	3 Heats	23
10:59	11.	200m Breaststroke	Women	Prelim	13 +	0:10	3 Heats	21
11:09	12.	100m Breaststroke	Men	Prelim	Open	0:07	2 Heats	13
11:16	13.	100m Breaststroke	Men	Prelim	13 +	0:09	5 Heats	37
11:25	14.	50m Freestyle	Women	Prelim	Open	0:07	4 Heats	25
11:32	15.	50m Freestyle	Women	Prelim	Open	0:06	5 Heats	38
11:38	16.	50m Freestyle	Men	Prelim	Open	0:07	4 Heats	25
11:45	17.	50m Freestyle	Men	Prelim	Open	0:05	5 Heats	38
11:50	End of session				Total duration	2:20		

Schedule Session No. 2 - Friday, 1. December 2023

01.12.2023 - 17:00

Warmup: from 15:30

17:00	1.	400m Freestyle	Women	Timed Final	Open	0:07	1 Heat	4
17:07	2.	400m Freestyle	Women	Final	13 +	0:12	2 Heats	-
17:19	3.	400m Freestyle	Men	Timed Final	Open	0:08	1 Heat	7
17:27	4.	400m Freestyle	Men	Final	13 +	0:10	2 Heats	-
17:37	5.	50m Backstroke	Women	Final	Open	0:04	1 Heat	-
17:41	6.	50m Backstroke	Women	Final	Open	0:01	1 Heat	-
17:42	7.	200m Backstroke	Men	Final	13 +	0:07	2 Heats	-
17:49	8.	200m Butterfly	Women	Final	13 +	0:07	2 Heats	-
17:56	9.	100m Butterfly	Men	Timed Final	Open	0:02	1 Heat	5
17:58	10.	100m Butterfly	Men	Final	13 +	0:04	2 Heats	-
18:02	11.	200m Breaststroke	Women	Final	13 +	0:08	2 Heats	-
18:10	12.	100m Breaststroke	Men	Final	Open	0:03	1 Heat	-
18:13	13.	100m Breaststroke	Men	Final	13 +	0:04	2 Heats	-
18:17	14.	50m Freestyle	Women	Final	Open	0:03	1 Heat	-
18:20	15.	50m Freestyle	Women	Final	Open	0:02	1 Heat	-
18:22	16.	50m Freestyle	Men	Final	Open	0:02	1 Heat	-
18:24	17.	50m Freestyle	Men	Final	Open	0:01	1 Heat	-
18:25	15min break					0:15		
18:40	18.	4 x 200m Freestyle	Women	Timed Final	13 +	0:19	2 Heats	13
18:59	19.	4 x 200m Freestyle	Men	Timed Final	13 +	0:17	2 Heats	14
19:16	End of session				Total duration	2:16		

Schedule Session No. 3 - Saturday, 2. December 2023

02.12.2023 - 9:30

Warmup: from 8:00

9:30	20.	400m Medley	Women	Prelim	13 +	0:18	3 Heats	18
9:48	21.	1500m Freestyle	Men	Slower Heats	13 +	0:52	3 Heats	17
10:40	22.	50m Backstroke	Men	Prelim	Open	0:05	3 Heats	17
10:45	23.	50m Backstroke	Men	Prelim	Open	0:05	4 Heats	29
10:50	24.	200m Freestyle	Women	Prelim	Open	0:10	2 Heats	9
11:00	25.	200m Freestyle	Women	Prelim	13 +	0:17	6 Heats	43
11:17	26.	150m Medley	Men	Prelim	Open		no entries	-
11:17	28.	200m Medley	Men	Prelim	13 +	0:12	4 Heats	30
11:29	29.	100m Backstroke	Women	Prelim	Open	0:05	2 Heats	10
11:34	30.	100m Backstroke	Women	Prelim	13 +	0:08	4 Heats	27
11:42	31.	50m Breaststroke	Men	Prelim	Open	0:03	2 Heats	13
11:45	32.	50m Breaststroke	Men	Prelim	Open	0:04	3 Heats	24
11:49	34.	50m Butterfly	Women	Prelim	Open	0:05	4 Heats	29
11:54	35.	100m Freestyle	Men	Prelim	Open	0:07	3 Heats	18
12:01	36.	100m Freestyle	Men	Prelim	13 +	0:15	9 Heats	65

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12:16	38.	100m Breaststroke	Women	Prelim	13 +	0:08	4 Heats	27
12:24	39.	200m Butterfly	Men	Prelim	13 +	0:06	2 Heats	12
12:30	End of session				Total duration	3:00		

Schedule Session No. 4 - Saturday, 2. December 2023

02.12.2023 - 17:00

Warmup: from 15:30

17:00	20.	400m Medley	Women	Final	13 +	0:12	2 Heats	-
17:12	21.	1500m Freestyle	Men	Fastest Heat	13 +		no entries	-
17:12	22.	50m Backstroke	Men	Final	Open	0:02	1 Heat	-
17:14	23.	50m Backstroke	Men	Final	Open	0:02	1 Heat	-
17:16	24.	200m Freestyle	Women	Final	Open	0:05	1 Heat	-
17:21	25.	200m Freestyle	Women	Final	13 +	0:06	2 Heats	-
17:27	26.	150m Medley	Men	Final	Open	0:01	1 Heat	-
17:28	27.	200m Medley	Men	Timed Final	Open	0:05	1 Heat	4
17:33	28.	200m Medley	Men	Final	13 +	0:07	2 Heats	-
17:40	29.	100m Backstroke	Women	Final	Open	0:03	1 Heat	-
17:43	30.	100m Backstroke	Women	Final	13 +	0:04	2 Heats	-
17:47	31.	50m Breaststroke	Men	Final	Open	0:02	1 Heat	-
17:49	32.	50m Breaststroke	Men	Final	Open	0:01	1 Heat	-
17:50	33.	50m Butterfly	Women	Timed Final	Open	0:03	1 Heat	8
17:53	34.	50m Butterfly	Women	Final	Open	0:01	1 Heat	-
17:54	35.	100m Freestyle	Men	Final	Open	0:02	1 Heat	-
17:56	36.	100m Freestyle	Men	Final	13 +	0:04	2 Heats	-
18:00	37.	100m Breaststroke	Women	Timed Final	Open	0:04	1 Heat	5
18:04	38.	100m Breaststroke	Women	Final	13 +	0:04	2 Heats	-
18:08	39.	200m Butterfly	Men	Final	13 +	0:07	2 Heats	-
18:15	15min break					0:15		
18:30	40.	4 x 100m Medley	Women	Timed Final	13 +	0:10	2 Heats	13
18:40	41.	4 x 100m Medley	Men	Timed Final	13 +	0:10	2 Heats	15
18:50	End of session				Total duration	1:50		

Schedule Session No. 5 - Sunday, 3. December 2023

03.12.2023 - 9:30

Warmup: from 8:00

9:30	42.	400m Medley	Men	Prelim	13 +	0:16	3 Heats	20
9:46	43.	800m Freestyle	Women	Slower Heats	13 +	0:31	3 Heats	17
10:17	44.	100m Butterfly	Women	Timed Final	Open	0:03	1 Heat	2
10:20	45.	100m Butterfly	Women	Prelim	13 +	0:06	3 Heats	22
10:26	46.	50m Butterfly	Men	Prelim	Open	0:05	3 Heats	17
10:31	47.	50m Butterfly	Men	Prelim	Open	0:04	4 Heats	26
10:35	48.	200m Backstroke	Women	Prelim	13 +	0:10	3 Heats	22
10:45	49.	100m Backstroke	Men	Prelim	Open	0:06	2 Heats	10
10:51	50.	100m Backstroke	Men	Prelim	13 +	0:05	3 Heats	24
10:56	52.	50m Breaststroke	Women	Prelim	Open	0:04	3 Heats	18
11:00	53.	200m Breaststroke	Men	Prelim	13 +	0:10	3 Heats	24
11:10	54.	100m Freestyle	Women	Prelim	Open	0:06	2 Heats	15
11:16	55.	100m Freestyle	Women	Prelim	13 +	0:08	5 Heats	37
11:24	56.	200m Freestyle	Men	Prelim	Open	0:09	2 Heats	14
11:33	57.	200m Freestyle	Men	Prelim	13 +	0:16	6 Heats	46
11:49	58.	150m Medley	Women	Prelim	Open		no entries	-
11:49	60.	200m Medley	Women	Prelim	13 +	0:10	3 Heats	23
11:59	End of session				Total duration	2:29		

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Schedule Session No. 6 - Sunday, 3. December 2023

03.12.2023 - 17:00

Warmup: from 15:30

17:00	42.	400m Medley	Men	Final	13 +	0:11	2 Heats	-
17:11	43.	800m Freestyle	Women	Fastest Heat	13 +		no entries	-
17:11	45.	100m Butterfly	Women	Final	13 +	0:05	2 Heats	-
17:16	46.	50m Butterfly	Men	Final	Open	0:02	1 Heat	-
17:18	47.	50m Butterfly	Men	Final	Open	0:01	1 Heat	-
17:19	48.	200m Backstroke	Women	Final	13 +	0:07	2 Heats	-
17:26	49.	100m Backstroke	Men	Final	Open	0:03	1 Heat	-
17:29	50.	100m Backstroke	Men	Final	13 +	0:04	2 Heats	-
17:33	51.	50m Breaststroke	Women	Timed Final	Open	0:02	1 Heat	7
17:35	52.	50m Breaststroke	Women	Final	Open	0:02	1 Heat	-
17:37	53.	200m Breaststroke	Men	Final	13 +	0:07	2 Heats	-
17:44	54.	100m Freestyle	Women	Final	Open	0:03	1 Heat	-
17:47	55.	100m Freestyle	Women	Final	13 +	0:04	2 Heats	-
17:51	56.	200m Freestyle	Men	Final	Open	0:04	1 Heat	-
17:55	57.	200m Freestyle	Men	Final	13 +	0:06	2 Heats	-
18:01	58.	150m Medley	Women	Final	Open	0:01	1 Heat	-
18:02	59.	200m Medley	Women	Timed Final	Open	0:05	1 Heat	4
18:07	60.	200m Medley	Women	Final	13 +	0:07	2 Heats	-
18:14		15min break				0:15		
18:29	61.	4 x 100m Freestyle	Women	Timed Final	13 +	0:09	2 Heats	13
18:38	62.	4 x 100m Freestyle	Men	Timed Final	13 +	0:09	2 Heats	15
18:47	63.	8 x 50m Freestyle	Mixed	Timed Final	Open	0:05	1 Heat	8
18:52		End of session			Total duration	1:52		