

## Norske Mastersrekorder Kvinner Kortbane

| Øvelse   | Klasse   | Alder        | Navn                            | Klubb                    | Tid             | Dato            |                 |
|----------|----------|--------------|---------------------------------|--------------------------|-----------------|-----------------|-----------------|
| 50 Fri   | <b>0</b> | <b>20-24</b> | <b>Pernille Berntsen</b>        | <b>Førde IL</b>          | <b>27,99</b>    | <b>26-03-17</b> |                 |
|          | A        | 25-29        | Henriette Brekke                | ROMA                     | 25,83           | 08-04-16        | Nordisk         |
|          | B        | 30-34        | Kristine Johansen               | Hamar IL                 | 27,18           | 05-04-08        |                 |
|          | C        | 35-39        | Bente Z. Rist                   | Lillesand SK             | 28,21           | 26-05-02        |                 |
|          | D        | 40-44        | Merete Løvberg                  | Lambertseter SK          | 27,96           | 13-03-09        |                 |
|          | E        | 45-49        | Merete Løvberg                  | Lambertseter SK          | 27,45           | 30-03-14        |                 |
|          | <b>F</b> | <b>50-54</b> | <b>Merete Løvberg</b>           | <b>Lambertseter SK</b>   | <b>28,22</b>    | <b>25-03-17</b> |                 |
|          | G        | 55-59        | Elin Knag                       | BSC                      | 30,24           | 10-04-16        |                 |
|          | <b>H</b> | <b>60-64</b> | <b>Gjertrud Leversen</b>        | <b>Åstveit SK</b>        | <b>32,10</b>    | <b>26-03-17</b> |                 |
|          | I        | 65-69        | Randi Larsen                    | Asker SK                 | 37,67           | 03-10-15        |                 |
|          | J        | 70-74        | Randi Larsen                    | Asker SK                 | 36,48           | 08-04-16        |                 |
|          | K        | 75-79        | Aud Rotler                      | SK Speed                 | 46,23           | 05-05-90        |                 |
|          | L        | 80-84        | Monica Ullmann                  | Lillehammer SK           | 57,82           | 05-12-10        |                 |
|          | M        | 85-89        | Anne Bø                         | Snøgg SK                 | 1.49,33         | 14-03-10        |                 |
| 100 Fri  | <b>0</b> | <b>20-24</b> | <b>Pernille Berntsen</b>        | <b>Førde IL</b>          | <b>1.00,47</b>  | <b>24-03-17</b> |                 |
|          | A        | 25-29        | Henriette Brekke                | ROMA                     | 57,57           | 10-04-16        |                 |
|          | B        | 30-34        | Kristine Johansen               | Hamar IL                 | 58,99           | 04-04-08        |                 |
|          | C        | 35-39        | Merete Løvberg                  | Lambertseter SK          | 1.01,54         | 27-03-04        |                 |
|          | D        | 40-44        | Merete Løvberg                  | Lambertseter SK          | 59,92           | 01-04-11        |                 |
|          | E        | 45-49        | Merete Løvberg                  | Lambertseter SK          | 59,80           | 28-03-14        |                 |
|          | <b>F</b> | <b>50-54</b> | <b>Merete Løvberg</b>           | <b>Lambertseter SK</b>   | <b>1.01,12</b>  | <b>24-03-17</b> |                 |
|          | G        | 55-59        | Ingrid Møllerop                 | ROMA                     | 1.09,13         | 13-03-15        |                 |
|          | <b>H</b> | <b>60-64</b> | <b>Gjertrud Leversen</b>        | <b>Åstveit SK</b>        | <b>1.13,16</b>  | <b>24-03-17</b> |                 |
|          | I        | 65-69        | Randi Larsen                    | Drammen SK               | 1.25,18         | 10-03-12        |                 |
|          | <b>J</b> | <b>70-74</b> | <b>Randi Larsen</b>             | <b>Asker SK</b>          | <b>1.27,54</b>  | <b>24-03-17</b> |                 |
|          | K        | 75-79        | Monica Ullmann                  | Lillehammer SK           | 1.58,39         | 28-03-03        |                 |
|          | L        | 80-84        | Monica Ullmann                  | Lillehammer SK           | 2.26,16         | 01-04-11        |                 |
|          | 200 Fri  | <b>0</b>     | <b>20-24</b>                    | <b>Pernille Berntsen</b> | <b>Førde IL</b> | <b>2.11,84</b>  | <b>25-03-17</b> |
| A        |          | 25-29        | Ina Kristine Pedersen           | Lambertseter SK          | 2.15,08         | 14-03-15        |                 |
| B        |          | 30-34        | Marianne Fuglestveit            | Lambertseter SK          | 2.11,50         | 14-03-09        |                 |
| C        |          | 35-39        | Marianne Fuglestveit            | Masør                    | 2.15,37         | 09-03-13        |                 |
| D        |          | 40-44        | Merete Løvberg                  | Lambertseter SK          | 2.11,66         | 02-04-11        | Nordisk         |
| E        |          | 45-49        | Merete Løvberg                  | Lambertseter SK          | 2.10,78         | 14-03-15        | Nordisk         |
| <b>F</b> |          | <b>50-54</b> | <b>Merete Løvberg</b>           | <b>Lambertseter SK</b>   | <b>2.12,16</b>  | <b>25-03-17</b> | <b>Nordisk</b>  |
| G        |          | 55-59        | Ingrid Møllerop                 | ROMA                     | 2.36,25         | 14-03-15        |                 |
| <b>H</b> |          | <b>60-64</b> | <b>Hilde Margrethe Hjertnes</b> | <b>BOM</b>               | <b>2.58,80</b>  | <b>25-03-17</b> |                 |
| I        |          | 65-69        | Randi Larsen                    | Drammen SK               | 3.07,81         | 01-10-11        |                 |
| <b>J</b> |          | <b>70-74</b> | <b>Randi Larsen</b>             | <b>Asker SK</b>          | <b>3.19,89</b>  | <b>25-03-17</b> |                 |
| K        |          | 75-79        | Monica Ullmann                  | Lillehammer SK           | 3.35,72         | 29-03-03        |                 |
| L        |          | 80-84        |                                 |                          |                 |                 |                 |
| A-S9     |          | 25-29        | Ingrid Djupskås                 | Lier SK                  | 2.38,63         | 14-10-16        |                 |
| 400 Fri  | 0        | 20-24        | Thea Wingaard                   | Masør                    | 5.07,85         | 29-03-14        |                 |
|          | A        | 25-29        | Kristin Ekstrøm                 | Lørenskog SK             | 4.37,44         | 22-04-95        |                 |
|          | B        | 30-34        | Lise Lothe                      | KSA                      | 4.37,05         | 08-05-98        |                 |
|          | C        | 35-39        | Marianne Fuglestveit            | Masør                    | 4.44,01         | 10-03-12        |                 |
|          | D        | 40-44        | Merete Løvberg                  | Lambertseter SK          | 4.39,25         | 13-03-10        | Nordisk         |
|          | E        | 45-49        | Merete Løvberg                  | Lambertseter SK          | 4.37,49         | 09-04-16        | Eur.rek         |
|          | F        | 50-54        | Anne B. Hegvold                 | TS&LK                    | 4.54,87         | 09-04-16        | Nordisk         |
|          | G        | 55-59        | Ingrid Møllerop                 | ROMA                     | 5.24,44         | 09-04-16        |                 |
|          | H        | 60-64        | Randi Larsen                    | Drammen SK               | 6.30,26         | 03-10-08        |                 |
|          | I        | 65-69        | Randi Larsen                    | Drammen SK               | 6.39,37         | 01-10-11        |                 |
|          | J        | 70-74        | Monica Ullmann                  | Lillehammer SK           | 8.26,30         | 24-04-98        |                 |
|          | K        | 75-79        | Monica Ullmann                  | Lillehammer SK           | 9.22,36         | 29-03-03        |                 |
|          | L        | 80-84        |                                 |                          |                 |                 |                 |
|          | A-S9     | 25-29        | Ingrid Djupskås                 | Lier SK                  | 7.24,58         | 14-10-16        |                 |

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|          |          |              |                            |                          |                 |                 |                 |
|----------|----------|--------------|----------------------------|--------------------------|-----------------|-----------------|-----------------|
| 800 Fri  | 0        | 20-24        | Silje Ingedotter Øyen      | Elverum SK               | 10.33,25        | 08-04-16        |                 |
|          | A        | 25-29        | Kristin Ekstrøm            | Lørenskog SK             | 9.41,60         | 03-04-92        |                 |
|          | B        | 30-34        | Marianne Fuglestveit       | Lambertseter SK          | 9.37,01         | 13-03-09        |                 |
|          | C        | 35-39        | Marianne Fuglestveit       | Masør                    | 10.02,83        | 02-04-11        |                 |
|          | D        | 40-44        | Marianne Fuglestveit       | Masør                    | 9.43,59         | 08-04-16        | Nordisk         |
|          | E        | 45-49        | Anne B Hegvold             | TS&LK                    | 10.08,50        | 02-04-11        |                 |
|          | F        | 50-54        | Anne B. Hegvold            | TS&LK                    | 10.02,91        | 08-04-16        | Nordisk         |
|          | G        | 55-59        | Ingrid Møllerop            | ROMA                     | 11.10,95        | 08-04-16        |                 |
|          | H        | 60-64        | Tone Grimsrud              | Asker SK                 | 13.33,84        | 08-04-16        |                 |
|          | I        | 65-69        | Randi Larsen               | Drammen SK               | 13.49,62        | 09-03-12        |                 |
|          | J        | 70-74        | Monica Ullmann             | Lillehammer SK           | 17.46,62        | 08-04-00        |                 |
|          | K        | 75-79        | Monica Ullmann             | Lillehammer SK           | 18.52,47        | 29-03-03        |                 |
|          | L        | 80-84        |                            |                          |                 |                 |                 |
|          | A-S9     | 25-29        | Ingrid Djupskås            | Lier SK                  | 14.35,44        | 14-10-16        |                 |
| 1500 Fri | <b>0</b> | <b>20-24</b> | <b>Elisabeth Mundal</b>    | <b>Førde IL</b>          | <b>22.59,17</b> | <b>24-03-17</b> |                 |
|          | A        | 25-29        | Kristin Ekstrøm            | Lørenskog SK             | 18.34,46        | 19-03-94        |                 |
|          | B        | 30-34        | Kristin Ekstrøm            | Lørenskog SK             | 18.36,19        | 09-04-00        |                 |
|          | C        | 35-39        | Marianne Fuglestveit       | Masør                    | 18.59,38        | 02-04-11        |                 |
|          | D        | 40-44        | Marianne Fuglestveit       | Masør                    | 18.45,75        | 15-04-16        | Nordisk         |
|          | E        | 45-49        | Anne B Hegvold             | TS&LK                    | 19.07,21        | 02-04-11        |                 |
|          | <b>F</b> | <b>50-54</b> | <b>Anne B Hegvold</b>      | <b>TS&amp;LK</b>         | <b>19.34,62</b> | <b>24-03-17</b> | <b>Nordisk</b>  |
|          | G        | 55-59        | Ingrid Møllerop            | ROMA                     | 21.28,47        | 13-03-15        |                 |
|          | H        | 60-64        | Randi Larsen               | Drammen SK               | 26.30,59        | 04-04-08        |                 |
|          | I        | 65-69        |                            |                          |                 |                 |                 |
|          | J        | 70-74        | Monica Ullmann             | Lillehammer SK           | 33.41,95        | 24-04-98        |                 |
|          | K        | 75-79        |                            |                          |                 |                 |                 |
|          | L        | 80-84        |                            |                          |                 |                 |                 |
|          | 50 Rygg  | 0            | 20-24                      | Gry Bernakiewicz         | Oslo IL         | 32,90           | 09-04-16        |
| <b>A</b> |          | <b>25-29</b> | <b>Heidi Vainio Gjøn</b>   | <b>IL Varg</b>           | <b>31,48</b>    | <b>26-03-17</b> |                 |
| B        |          | 30-34        | Lise Lothe                 | KSA                      | 31,86           | 24-04-98        |                 |
| C        |          | 35-39        | Sissel Pleyrn              | BOM                      | 33,01           | 17-04-05        |                 |
| D        |          | 40-44        | Sissel Pleyrn              | BOM                      | 33,10           | 13-03-10        |                 |
| E        |          | 45-49        | Lise Lothe                 | Masør                    | 32,31           | 09-04-16        |                 |
| <b>F</b> |          | <b>50-54</b> | <b>Lise Lothe</b>          | <b>Masør</b>             | <b>32,74</b>    | <b>26-03-17</b> |                 |
| G        |          | 55-59        | Ingrid Møllerop            | ROMA                     | 36,82           | 08-04-16        |                 |
| <b>H</b> |          | <b>60-64</b> | <b>Gjertrud Leversen</b>   | <b>Åstveit SK</b>        | <b>39,69</b>    | <b>26-03-17</b> |                 |
| I        |          | 65-69        | Åshild Johnsen             | Tromsø SK                | 53,82           | 09-04-16        |                 |
| J        |          | 70-74        |                            |                          |                 |                 |                 |
| K        |          | 75-79        | Ellen Næss                 | KSA                      | 1.18,61         | 18-03-07        |                 |
| L        |          | 80-84        |                            |                          |                 |                 |                 |
| 100 Rygg |          | <b>0</b>     | <b>20-24</b>               | <b>Pernille Berntsen</b> | <b>Førde IL</b> | <b>1.09,19</b>  | <b>25-03-17</b> |
|          | <b>A</b> | <b>25-29</b> | <b>Heidi Vainio Gjøn</b>   | <b>IL Varg</b>           | <b>1.06,87</b>  | <b>25-03-17</b> |                 |
|          | B        | 30-34        | Lise Lothe                 | KSA                      | 1.07,98         | 24-04-98        |                 |
|          | C        | 35-39        | Lise Lothe                 | KSA                      | 1.11,05         | 16-04-05        |                 |
|          | D        | 40-44        | Sissel Pleyrn              | BOM                      | 1.10,49         | 13-03-10        |                 |
|          | E        | 45-49        | Lise Lothe                 | Masør                    | 1.08,82         | 10-04-16        |                 |
|          | <b>F</b> | <b>50-54</b> | <b>Lise Lothe</b>          | <b>Masør</b>             | <b>1.09,93</b>  | <b>25-03-17</b> | <b>Nordisk</b>  |
|          | G        | 55-59        | Ingrid Møllerop            | ROMA                     | 1.20,44         | 10-04-16        |                 |
|          | <b>H</b> | <b>60-64</b> | <b>Gjertrud Leversen</b>   | <b>Åstveit SK</b>        | <b>1.28,31</b>  | <b>25-03-17</b> |                 |
|          | <b>I</b> | <b>65-69</b> | <b>Anne Beth Sivertsen</b> | <b>Oslo IL</b>           | <b>1.40,51</b>  | <b>25-03-17</b> |                 |
|          | J        | 70-74        |                            |                          |                 |                 |                 |
|          | K        | 75-79        |                            |                          |                 |                 |                 |
|          | L        | 80-84        |                            |                          |                 |                 |                 |
|          | 200 Rygg | 0            | 20-24                      |                          |                 |                 |                 |
| <b>A</b> |          | <b>25-29</b> | <b>Gina Berteig</b>        | <b>IL Varg</b>           | <b>2.32,26</b>  | <b>24-03-17</b> |                 |
| B        |          | 30-34        | Brita Blørstad             | Mandal SK                | 2.41,26         | 16-03-07        |                 |

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|              |              |              |                            |                        |                |                 |                |
|--------------|--------------|--------------|----------------------------|------------------------|----------------|-----------------|----------------|
|              | C            | 35-39        | Anne Grethe Haugan         | TS&LK                  | 2.36,12        | 15-03-15        |                |
|              | D            | 40-44        | Anne B Hegvold             | TS&LK                  | 2.38,13        | 14-03-09        |                |
|              | E            | 45-49        | Lise Lothe                 | Masør                  | 2.35,70        | 03-10-15        | Nordisk        |
|              | <b>F</b>     | <b>50-54</b> | <b>Lise Lothe</b>          | <b>Masør</b>           | <b>2.33,15</b> | <b>24-03-17</b> | <b>Nordisk</b> |
|              | G            | 55-59        | Ingrid Møllerop            | ROMA                   | 2.56,69        | 15-03-15        | Nordisk        |
|              | H            | 60-64        |                            |                        |                |                 |                |
|              | I            | 65-69        |                            |                        |                |                 |                |
|              | J            | 70-74        |                            |                        |                |                 |                |
|              | K            | 75-79        |                            |                        |                |                 |                |
|              | L            | 80-84        |                            |                        |                |                 |                |
| 50 Bryst     | O            | 20-24        | Stine Vindenes             | BSC                    | 34,49          | 15-03-15        |                |
|              | A            | 25-29        | Henriette Brekke           | ROMA                   | 32,23          | 10-04-16        |                |
|              | B            | 30-34        | Annelin Breivoll Stenersen | Madla SK               | 33,59          | 29-03-14        |                |
|              | C            | 35-39        | Annelin B. Stenersen       | ROMA                   | 33,66          | 10-04-16        |                |
|              | <b>D</b>     | <b>40-44</b> | <b>Ann-Kristin Riiser</b>  | <b>Masør</b>           | <b>35,09</b>   | <b>24-03-17</b> |                |
|              | E            | 45-49        | Cecilie Jørner             | Oslo IL                | 36,48          | 09-03-13        |                |
|              | F            | 50-54        | Anette Sørensen            | Masør                  | 37,24          | 10-04-16        |                |
|              | G            | 55-59        | Torill Bergesen            | BOM                    | 38,26          | 09-03-13        | Nordisk        |
|              | H            | 60-64        | Eva Bruusgaard             | Oslo IL                | 41,33          | 29-03-14        | Nordisk        |
|              | I            | 65-69        | Randi Larsen               | Asker SK               | 47,13          | 29-03-14        |                |
|              | J            | 70-74        | Randi Larsen               | Asker SK               | 47,59          | 10-04-16        |                |
|              | K            | 75-79        | Beret Bryne                | Oslo IL                | 1.06,52        | 27-03-04        |                |
|              | L            | 80-84        | Beret Bryne                | Oslo IL                | 1.09,41        | 06-04-08        |                |
|              | M            | 85-89        | Anne Bø                    | Snøgg SK               | 2.01,30        | 13-03-10        |                |
|              | A-SB7        | 25-29        | Ingrid Djupskås            | Lier SK                | 57,05          | 15-10-16        |                |
| 100 Bryst    | O            | 20-24        | Stine Vindenes             | BSC                    | 1.15,36        | 14-03-15        |                |
|              | A            | 25-29        | Elin Austevoll             | BOM                    | 1.13,04        | 29-03-03        |                |
|              | B            | 30-34        | Annelin Breivoll Stenersen | Madla SK               | 1.12,48        | 28-03-14        | Nordisk        |
|              | C            | 35-39        | Kjersti Helene Hernæs      | IL Varg                | 1.13,11        | 09-04-16        |                |
|              | <b>D</b>     | <b>40-44</b> | <b>Ann-Kristin Riiser</b>  | <b>Masør</b>           | <b>1.16,76</b> | <b>25-03-17</b> |                |
|              | E            | 45-49        | Merete Løvberg             | Lambertseter SK        | 1.21,26        | 11-01-15        |                |
|              | <b>F</b>     | <b>50-54</b> | <b>Merete Løvberg</b>      | <b>Lambertseter SK</b> | <b>1.21,39</b> | <b>08-01-17</b> |                |
|              | G            | 55-59        | Torill Bergesen            | BOM                    | 1.25,07        | 09-03-13        |                |
|              | H            | 60-64        | Eva Bruusgaard             | Oslo IL                | 1.30,02        | 28-03-14        | Nordisk        |
|              | I            | 65-69        | Randi Larsen               | Asker SK               | 1.44,27        | 28-03-14        |                |
|              | <b>J</b>     | <b>70-74</b> | <b>Randi Larsen</b>        | <b>Asker SK</b>        | <b>1.47,87</b> | <b>25-03-17</b> |                |
|              | K            | 75-79        |                            |                        |                |                 |                |
|              | L            | 80-84        |                            |                        |                |                 |                |
|              | <b>A-SB7</b> | <b>25-29</b> | <b>Ingrid Djupskås</b>     | <b>Lier SK</b>         | <b>2.10,60</b> | <b>25-03-17</b> |                |
| 200 Bryst    | O            | 20-24        | Renate Aasland Ranaweera   | Madla SK               | 2.54,00        |                 |                |
|              | A            | 25-29        | Gudrun Berg Ildstad        | NTNUI                  | 2.47,91        | 09-04-16        |                |
|              | B            | 30-34        | Elin Austevoll             | BOM                    | 2.35,88        | 26-03-04        | Nordisk        |
|              | C            | 35-39        | Kjersti Helene Hernæs      | IL Varg                | 2.38,68        | 09-04-16        | Nordisk        |
|              | <b>D</b>     | <b>40-44</b> | <b>Ann-Kristin Riiser</b>  | <b>Masør</b>           | <b>2.46,21</b> | <b>02-04-17</b> | <b>Nordisk</b> |
|              | E            | 45-49        | Merete Løvberg             | Lambertseter SK        | 2.57,03        | 10-01-15        |                |
|              | F            | 50-54        | Cecilie Jørner             | Oslo IL                | 2.58,85        | 09-04-16        |                |
|              | <b>G</b>     | <b>55-59</b> | <b>Tina Mjelde</b>         | <b>Asker SK</b>        | <b>3.09,75</b> | <b>07-01-17</b> |                |
|              | H            | 60-64        | Eva Bruusgaard             | Oslo IL                | 3.18,70        | 29-03-14        | Nordisk        |
|              | I            | 65-69        | Randi Larsen               | Asker SK               | 3.50,74        | 29-03-14        |                |
|              | J            | 70-74        | Randi Larsen               | Asker SK               | 4.00,76        | 09-04-16        | Nordisk        |
|              | K            | 75-79        |                            |                        |                |                 |                |
|              | A-SB7        | 25-29        | Ingrid Djupskås            | Lier SK                | 4.39,86        | 15-10-16        |                |
| 50 Butterfly | O            | 20-24        | Vilde Holan Bye            | TS&LK                  | 30,32          | 09-04-16        |                |
|              | A            | 25-29        | Henriette Brekke           | ROMA                   | 28,84          | 09-04-16        |                |
|              | B            | 30-34        | Bente Z. Rist              | Lillesand SK           | 29,36          | 24-04-98        |                |
|              | C            | 35-39        | Janne Thorstensen          | KSA                    | 30,33          | 16-04-05        |                |
|              | D            | 40-44        | Janne Thorstensen          | Masør                  | 30,31          | 07-11-09        |                |

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|               |          |              |                                 |                        |                |                 |                |
|---------------|----------|--------------|---------------------------------|------------------------|----------------|-----------------|----------------|
|               | E        | 45-49        | Janne Thorstensen               | Masør                  | 30,28          | 01-04-11        |                |
|               | F        | 50-54        | Janne Thorstensen               | Masør                  | 30,28          | 01-04-11        |                |
|               | G        | 55-59        | Torill Bergesen                 | BOM                    | 33,63          | 09-04-16        |                |
|               | <b>H</b> | <b>60-64</b> | <b>Torill Bergesen</b>          | <b>BOM</b>             | <b>35,53</b>   | <b>25-03-17</b> |                |
|               | I        | 65-69        | Randi Larsen                    | Asker SK               | 42,70          | 15-03-15        |                |
|               | J        | 70-74        | Randi Larsen                    | Asker SK               | 43,29          | 09-01-16        |                |
|               | K        | 75-79        | Monica Ullmann                  | Lillehammer SK         | 1.20,79        | 29-03-03        |                |
|               | L        | 80-84        |                                 |                        |                |                 |                |
| 100 Butterfly | O        | 20-24        | Terese Langlo                   | Eidsvoll SK            | 1.09,60        | 09-03-13        |                |
|               | A        | 25-29        | Amanda Barsten                  | Oslo IL                | 1.06,95        | 14-03-15        |                |
|               | B        | 30-34        | Sonnie Lill Rødje               | Haugesund SK           | 1.06,31        | 01-04-06        |                |
|               | C        | 35-39        | Janne Thorstensen               | KSA                    | 1.07,03        | 16-04-05        |                |
|               | D        | 40-44        | Janne Thorstensen               | Vågsbygd SLK           | 1.07,52        | 17-03-07        |                |
|               | E        | 45-49        | Merete Løvberg                  | Lambertseter SK        | 1.07,76        | 29-03-14        | Nordisk        |
|               | F        | 50-54        | Janne Thorstensen               | Masør                  | 1.07,83        | 09-04-16        | Nordisk        |
|               | G        | 55-59        | Annicke Bergh Monsen            | BSC                    | 1.20,92        | 09-04-16        | Nordisk        |
|               | <b>H</b> | <b>60-64</b> | <b>Hilde Margrethe Hjertnes</b> | <b>BOM</b>             | <b>1.55,68</b> | <b>25-03-17</b> |                |
|               | I        | 65-69        |                                 |                        |                |                 |                |
|               | J        | 70-74        |                                 |                        |                |                 |                |
|               | K        | 75-79        |                                 |                        |                |                 |                |
|               | L        | 80-84        |                                 |                        |                |                 |                |
| 200 Butterfly | O        | 20-24        | Nora Haugli Rønvik              | Tønsberg SK            | 2.55,25        | 28-03-14        |                |
|               | A        | 25-29        | Kristin Ekstrøm                 | Lørenskog SK           | 2.33,66        | 19-03-94        |                |
|               | B        | 30-34        | Marianne Fuglestveit            | KSA                    | 2.31,57        | 31-03-06        | Nordisk        |
|               | C        | 35-39        | Marianne Fuglestveit            | Masør                  | 2.33,10        | 09-03-12        |                |
|               | D        | 40-44        | Marianne Fuglestveit            | Masør                  | 2.31,86        | 08-04-16        |                |
|               | E        | 45-49        | Merete Løvberg                  | Lambertseter SK        | 2.35,91        | 28-03-14        | Nordisk        |
|               | F        | 50-54        | Janne Thorstensen               | Masør                  | 2.36,61        | 08-04-16        | Nordisk        |
|               | G        | 55-59        | Torill Tomren                   | Volda TIL              | 3.34,27        | 08-04-16        |                |
|               | H        | 60-64        |                                 |                        |                |                 |                |
|               | I        | 65-69        |                                 |                        |                |                 |                |
|               | J        | 70-74        |                                 |                        |                |                 |                |
|               | K        | 75-79        |                                 |                        |                |                 |                |
|               | L        | 80-84        |                                 |                        |                |                 |                |
| 100 Medley    | O        | 20-24        | Stine Vindenes                  | BSC                    | 1.09,02        | 13-03-15        |                |
|               | A        | 25-29        | Henriette Brekke                | ROMA                   | 1.05,49        | 09-04-16        |                |
|               | B        | 30-34        | Bente Z. Rist                   | Lillesand SK           | 1.09,36        | 24-04-98        |                |
|               |          |              | Ellen Merete Magnussen          | Lambertseter SK        | 1.09,36        | 09-04-16        |                |
|               | <b>C</b> | <b>35-39</b> | <b>Kjersti Helene Hernæs</b>    | <b>IL Varg</b>         | <b>1.09,58</b> | <b>26-03-17</b> |                |
|               | D        | 40-44        | Mona Krefting                   | IL Varg                | 1.09,83        | 17-04-05        |                |
|               | E        | 45-49        | Merete Løvberg                  | Lambertseter SK        | 1.08,82        | 30-03-14        |                |
|               | <b>F</b> | <b>50-54</b> | <b>Merete Løvberg</b>           | <b>Lambertseter SK</b> | <b>1.10,76</b> | <b>26-03-17</b> |                |
|               | G        | 55-59        | Torill Bergesen                 | BOM                    | 1.16,91        | 08-03-13        | Nordisk        |
|               | <b>H</b> | <b>60-64</b> | <b>Torill Bergesen</b>          | <b>BOM</b>             | <b>1.21,24</b> | <b>26-03-17</b> | <b>Nordisk</b> |
|               | I        | 65-69        | Randi Larsen                    | Asker SK               | 1.38,34        | 30-03-14        |                |
|               | J        | 70-74        | Randi Larsen                    | Asker SK               | 1.40,93        | 09-04-16        |                |
|               | K        | 75-79        |                                 |                        |                |                 |                |
|               | L        | 80-84        |                                 |                        |                |                 |                |
| 200 Medley    | O        | 20-24        | Margrete Nyhus Ulvestad         | IL Varg                | 2.29,59        | 09-03-12        |                |
|               | A        | 25-29        | Kristin Ekstrøm                 | Lørenskog SK           | 2.31,28        | 22-04-95        |                |
|               | B        | 30-34        | Beda Leirvaag                   | Eidsvoll SK            | 2.29,91        | 26-04-97        |                |
|               | C        | 35-39        | Kjersti Helene Hernæs           | IL Varg                | 2.35,25        | 08-04-16        |                |
|               | D        | 40-44        | Merete Løvberg                  | Lambertseter SK        | 2.30,21        | 12-03-10        |                |
|               | E        | 45-49        | Merete Løvberg                  | Lambertseter SK        | 2.30,06        | 28-03-14        |                |
|               | <b>F</b> | <b>50-54</b> | <b>Merete Løvberg</b>           | <b>Lambertseter SK</b> | <b>2.37,09</b> | <b>08-01-17</b> |                |
|               | G        | 55-59        | Torill Bergesen                 | BOM                    | 2.52,75        | 09-03-12        |                |
|               | H        | 60-64        |                                 |                        |                |                 |                |

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|             |                | I                   | 65-69                         |                        |                 |                 |  |                |                |
|-------------|----------------|---------------------|-------------------------------|------------------------|-----------------|-----------------|--|----------------|----------------|
|             |                | J                   | 70-74                         |                        |                 |                 |  |                |                |
|             |                | K                   | 75-79                         |                        |                 |                 |  |                |                |
|             |                | L                   | 80-84                         |                        |                 |                 |  |                |                |
| 400 Medley  | <b>O</b>       | <b>20-24</b>        | <b>Elisabeth Mundal</b>       | <b>Førde IL</b>        | <b>6.17,66</b>  | <b>25-03-17</b> |  |                |                |
|             | A              | 25-29               | Sissel Andersen               | Lillesand SK           | 5.20,50         | 24-04-98        |  |                |                |
|             | B              | 30-34               | Marianne Fuglestveit          | Lambertseter SK        | 5.19,31         | 13-03-09        |  |                |                |
|             | C              | 35-39               | Marianne Fuglestveit          | Masør                  | 5.22,43         | 01-04-11        |  |                |                |
|             | D              | 40-44               | Marianne Fuglestveit          | Masør                  | 5.22,09         | 15-10-16        |  |                |                |
|             | E              | 45-49               | Merete Løvberg                | Lambertseter SK        | 5.27,37         | 09-03-13        |  |                | Nordisk        |
|             | <b>F</b>       | <b>50-54</b>        | <b>Merete Løvberg</b>         | <b>Lambertseter SK</b> | <b>5.29,40</b>  | <b>25-03-17</b> |  |                | <b>Nordisk</b> |
|             | G              | 55-59               | Kirsten Sundby Foldvik        | Larvik SK              | 7.09,27         | 09-03-13        |  |                |                |
|             | H              | 60-64               |                               |                        |                 |                 |  |                |                |
|             | I              | 65-69               |                               |                        |                 |                 |  |                |                |
|             | J              | 70-74               |                               |                        |                 |                 |  |                |                |
|             | K              | 75-79               |                               |                        |                 |                 |  |                |                |
|             | L              | 80-84               |                               |                        |                 |                 |  |                |                |
| 4x50 Fri    | <b>O</b>       | <b>80-99</b>        | <b>NTNUI</b>                  | <b>NTNUI</b>           | <b>1.59,74</b>  | <b>09-04-16</b> |  |                |                |
|             |                |                     | Hanne Strand                  |                        | 31,03           |                 |  |                |                |
|             |                |                     | Marte Kjøren                  |                        | 29,78           |                 |  |                |                |
|             |                |                     | Mariann Hegg                  |                        | 28,53           |                 |  |                |                |
|             |                |                     | Anne-Merete Risøy             |                        | 30,40           |                 |  |                |                |
|             | A              | 100-119             | ROMA                          | ROMA                   | 1.50,35         | 09-04-16        |  |                |                |
|             |                |                     | Henriette Brekke              |                        | 25,92           |                 |  |                |                |
|             |                |                     | Karen Stødle                  |                        | 27,56           |                 |  |                |                |
|             |                |                     | Annelin Breivoll Stenersen    |                        | 28,20           |                 |  |                |                |
|             |                |                     | Renate Aa. Ranaweera          |                        | 28,67           |                 |  |                |                |
|             | B              | 120-159             | ROMA                          | ROMA                   | 1.52,40         | 14-10-16        |  |                |                |
|             |                |                     | Henriette Brekke              |                        | 26,70           |                 |  |                |                |
|             |                |                     | Karen Stødle                  |                        | 27,47           |                 |  |                |                |
|             |                |                     | Katja Bozic                   |                        | 29,17           |                 |  |                |                |
|             |                |                     | Trine Aa. Sekkesæter          |                        | 29,06           |                 |  |                |                |
|             | C              | 160-199             | Masør                         | Masør                  | 1.55,00         | 15-04-16        |  |                | Nordisk        |
|             |                |                     | Lise Lothe                    |                        | 29,11           |                 |  |                |                |
|             |                |                     | Bente Rist                    |                        | 28,77           |                 |  |                |                |
|             |                |                     | Janne Thorstensen             |                        | 28,97           |                 |  |                |                |
|             |                |                     | Marianne Fuglestvedt          |                        | 28,15           |                 |  |                |                |
| <b>D</b>    | <b>200-239</b> | <b>Masør</b>        | <b>Masør</b>                  | <b>1.58,33</b>         | <b>25-03-17</b> |                 |  | <b>Eur Rec</b> |                |
|             |                | Lise Lothe          |                               | 29,59                  |                 |                 |  |                |                |
|             |                | Janne Thorstensen   |                               | 29,49                  |                 |                 |  |                |                |
|             |                | Anette Sørensen     |                               | 29,64                  |                 |                 |  |                |                |
|             |                | Bente Rist          |                               | 29,61                  |                 |                 |  |                |                |
| <b>E</b>    | <b>240-279</b> | <b>Asker SK</b>     | <b>Asker SK</b>               | <b>2.22,05</b>         | <b>25-03-17</b> |                 |  | <b>Nordisk</b> |                |
|             |                | Kristin Røger Guthe |                               | 33,54                  |                 |                 |  |                |                |
|             |                | Randi Larsen        |                               | 37,90                  |                 |                 |  |                |                |
|             |                | Vera Karin Hansen   |                               | 37,87                  |                 |                 |  |                |                |
|             |                | Tina Mjelde         |                               | 33,54                  |                 |                 |  |                |                |
| F           | 280-319        |                     |                               |                        |                 |                 |  |                |                |
| 4x50 Medley | <b>O</b>       | <b>80-99</b>        | <b>NTNUI</b>                  | <b>NTNUI</b>           | <b>2.12,69</b>  | <b>08-04-16</b> |  |                |                |
|             |                |                     | Marte Stamland                |                        | 31,87           |                 |  |                |                |
|             |                |                     | Kristine Mathingsdal Pedersen |                        | 36,38           |                 |  |                |                |
|             |                |                     | Emilie Engebretsen            |                        | 32,11           |                 |  |                |                |
|             |                |                     | Johanne Knoph Sandvand        |                        | 32,33           |                 |  |                |                |
|             | A              | 100-119             | ROMA                          | ROMA                   | 2.02,04         | 08-04-16        |  |                |                |
|             |                |                     | Karen Stødle                  |                        | 32,22           |                 |  |                |                |
|             |                |                     | Annelin B. Stenersen          |                        | 32,99           |                 |  |                |                |
|             |                |                     | Henriette Brekke              |                        | 28,53           |                 |  |                |                |
|             |                |                     | Renate Aa. Ranaweera          |                        | 28,30           |                 |  |                |                |

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|                 |          |                |                             |                  |                |                 |                  |
|-----------------|----------|----------------|-----------------------------|------------------|----------------|-----------------|------------------|
|                 | B        | 120-159        | IL Varg                     | IL Varg          | 2.05,37        | 04-04-08        |                  |
|                 | B        | 120-159        | Lambertseter SK             | Lambertseter SK  | 1.59,09        | 04-04-08        | Eur Rec          |
|                 | C        | 160-199        | Masør                       | Masør            | 2.05,36        | 08-04-16        |                  |
|                 |          |                | Lise Lothe                  |                  | 32,47          |                 |                  |
|                 |          |                | Ann-Kristin Riiser          |                  | 33,74          |                 |                  |
|                 |          |                | Janne Thorstensen           |                  | 30,04          |                 |                  |
|                 |          |                | Bente Rist                  |                  | 29,11          |                 |                  |
|                 | <b>D</b> | <b>200-239</b> | <b>Masør</b>                | <b>Masør</b>     | <b>2.09,76</b> | <b>24-03-17</b> | <b>World Rec</b> |
|                 |          |                | <b>Lise Lothe</b>           |                  | <b>32,60</b>   |                 |                  |
|                 |          |                | <b>Anette Sørensen</b>      |                  | <b>37,19</b>   |                 |                  |
|                 |          |                | <b>Janne Thorstensen</b>    |                  | <b>30,01</b>   |                 |                  |
|                 |          |                | <b>Bente Rist</b>           |                  | <b>29,96</b>   |                 |                  |
|                 | E        | 240-279        | Oslo IL                     | Oslo IL          | 2.38,80        | 13-03-15        |                  |
|                 |          |                | Gry Solberg                 |                  | 39,75          |                 |                  |
|                 |          |                | Wenche Lydersen             |                  |                |                 |                  |
|                 |          |                | Eva Bruusgaard              |                  |                |                 |                  |
|                 |          |                | Anne Beth Sivertsen         |                  | 36,10          |                 |                  |
|                 | F        | 280-319        |                             |                  |                |                 |                  |
| 4x100 Fri       | A        | 100-119        |                             |                  |                |                 |                  |
|                 | B        | 120-159        |                             |                  |                |                 |                  |
|                 | C        | 160-199        | Masør                       | Masør            | 4.19,37        | 23-03-14        | Nordisk          |
|                 |          |                | Bente Rist                  |                  | 1.04,07        |                 |                  |
|                 |          |                | Lise Lothe                  |                  | 1.07,22        |                 |                  |
|                 |          |                | Ann-Kristin Riiser          |                  | 1.04,85        |                 |                  |
|                 |          |                | Marianne Fuglestveit        |                  | 1.03,23        |                 |                  |
|                 | E        | 240-279        |                             |                  |                |                 |                  |
|                 | F        | 280-319        |                             |                  |                |                 |                  |
| 4x100 Medley    | A        | 100-119        |                             |                  |                |                 |                  |
|                 | B        | 120-159        | Master Sørlandet            | Master Sørlandet | 4.50,49        | 13-05-12        | Nordisk          |
|                 |          |                | Ann Karin Austenaa Johansen |                  | 1.13,99        |                 |                  |
|                 |          |                | Ann-Kristin Riiser Javnes   |                  | 1.19,76        |                 |                  |
|                 |          |                | Marianne Fuglestveit        |                  | 1.07,90        |                 |                  |
|                 |          |                | Aina Adriansen              |                  | 1.08,84        |                 |                  |
|                 | C        | 160-199        | Master Sørlandet            | Master Sørlandet | 4.37,41        | 15-04-16        | World Rec        |
|                 |          |                | Lise Lothe                  |                  | 1.09,96        |                 |                  |
|                 |          |                | Ann-Kristin Riiser          |                  | 1.17,66        |                 |                  |
|                 |          |                | Janne Thorstensen           |                  | 1.08,29        |                 |                  |
|                 |          |                | Marianne Fuglestveit        |                  | 1.01,50        |                 |                  |
|                 | D        | 200-239        |                             |                  |                |                 |                  |
|                 | E        | 240-279        |                             |                  |                |                 |                  |
|                 | F        | 280-319        |                             |                  |                |                 |                  |
| 4x200 Fri       | A        | 100-119        |                             |                  |                |                 |                  |
|                 | B        | 120-159        |                             |                  |                |                 |                  |
|                 | C        | 160-199        | Masør                       | Masør            | 9.23,02        | 23-03-14        |                  |
|                 |          |                | Ann-Kristin Riiser          |                  | 2.20,92        |                 |                  |
|                 |          |                | Marianne Fuglestveit        |                  | 2.17,82        |                 |                  |
|                 |          |                | Lise Lothe                  |                  | 2.20,46        |                 |                  |
|                 |          |                | Bente Rist                  |                  | 2.23,82        |                 |                  |
|                 | D        | 200-239        |                             |                  |                |                 |                  |
|                 | E        | 240-279        |                             |                  |                |                 |                  |
|                 | F        | 280-319        |                             |                  |                |                 |                  |
| Bestenoteringer |          |                |                             |                  |                |                 |                  |
| 25 Fri          | 0        | 20-24          | Renate Aasland Ranaweera    | Madla SK         | 13,04          | 29-03-14        |                  |
|                 | A        | 25-29          | Amanda Barsten              | Oslo IL          | 13,02          | 09-04-16        |                  |
|                 | B        | 30-34          | Charlotte Kunz              | Asker SK         | 13,75          | 10-03-12        |                  |

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|   |       |                     |                    |       |          |
|---|-------|---------------------|--------------------|-------|----------|
| C | 35-39 | Helene Holter       | ROMA               | 13,23 | 29-03-14 |
| D | 40-44 | Linda Skar          | ROMA               | 13,49 | 10-03-12 |
|   |       | Siri Solberg Hestad | Dolphin Masters SK | 13,49 | 29-03-14 |
| E | 45-49 | Martine Nikolaisen  | Modum              | 13,82 | 29-03-14 |
| F | 50-54 | Inger Arctander     | ROMA               | 14,39 | 09-04-16 |
| G | 55-59 | Elin Knag           | BSC                | 14,00 | 09-04-16 |
| H | 60-64 | Anne Beth Sivertsen | Oslo IL            | 16,62 | 10-03-12 |
| I | 65-69 | Åshild Johnsen      | Tromsø SK          | 18,38 | 09-04-16 |
| J | 70-74 |                     |                    |       |          |
| K | 75-79 |                     |                    |       |          |
| L | 80-84 |                     |                    |       |          |
| M | 85-89 |                     |                    |       |          |